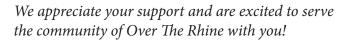
THE WAREHOUSE: ONE AND DONE **OPPORTUNITIES**

On Sunday, August 14th we need volunteers to help with our Back-To-School event (ie. greeters, servers, bounce house timers, etc.). Please scan the QR code to review the volunteer opportunities and times needed.



On Saturday, August 6th, we need volunteers to help pack the backpacks for the Back-To-School giveaway. Afterwards, we will do a prayer walk, pass out postcards, and canvass the neighborhood. We will meet at The Warehouse Church, 1310 Race St. at 9:00 AM. To register, please scan the QR code.





DATES FOR MEET AND GREETS: NEW SENIOR PASTORS

Pastors Suzanne and Todd are eager to get acquainted and listen to your hopes and dreams for Hyde Park Community UMC. Please contact Amanda Kern in the office, by phone or by email, to sign up for a time to get acquainted with them.

Two gatherings will be held at senior adult resident providers in the area, hosted by Rev. Kate Smith and Meredith Menius, Director of Connecting and Discipleship Ministries.

To sign up: Please contact Amanda Kern at the office: 513-871-1345 or akern@hpcumc.org

Rescheduled dates are listed below:

AUGUST 24, 7:00-8:30 p.m. Kathy Thornton Keith and Bob Keith

Kenwood Area

AUGUST 25, 7:00-8:30 p.m. Anderson Township

Donna and Steve Dauterman

No confirmed date for Marjorie P. Lee as of yet. (Will be in August)

CONTACT OUR CHURCH STAFF

WORSHIP

Rev. Dr. Suzanne Allen sallen@hpcumc.org, (513) 979-8182

Rev. Dr. Todd Anderson

tanderson@hpcumc.org, (513) 979-8195

HOSPITALITY AND CONNECTING **MINISTRIES**

Meredith Menius

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MUSIC

Ben Owen

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Brenda Portman

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Jennifer Cauhorn

jcauhorn@hpcumc.org

MISSION & OUTREACH/YOUNG **ADULTS**

Rev. Kate Smith

ksmith@hpcumc.org, (513) 979-8179

THE WAREHOUSE

Pastor Sadell Bradley sabradley@hpcumc.org

Pastor Sherman Bradley

shbradley@hpcumc.org

COMMUNICATION

Shari Rust

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Lisa Foley

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Zeke Plymesser

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Lindsay Garrison

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Sara Pease spease@hpcumc.org, (513) 979-8162

Diane Dinsmore

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SENIOR MINISTRY/PARISH **VISITOR**

ADMINISTRATION

Rev. Dr. Todd Anderson

tanderson@hpcumc.org, (513) 979-8195

Anna Lawson

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Margie Sanders

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Katie Baumann

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Amanda Kern

akern@hpcumc.org, (513) 979-8176

Audrey Kroeger

akroeger@hpcumc.org, (513) 979-8183

ENDOWMENT

Rev. Dr. Michael Vilardo

michael.vilardo@tcministries.com, (513) 316-1540

PASTOR EMERITUS

Rev. Don Dixon



513-871-1345 www.hydeparkchurch.org



1310 Race St. • Cincinnati, OH 45202 513-871-1345 www.thewarehousechurch.org



How is your worry level today?

While some of us can pass a blood pressure test, if we added a sleeping well test, and a worry-o-meter test (I thought I made that up but there is one out there), my guess is that most of us would end up with results that are, well, worrying.

We could talk about all of the situations in life and our modern context that make us more worried than ever before. We could make a competition out of who has lived during the most worrying times in history. Yet, if we look to our scripture for this week from Luke 12:13-31, especially the second half, we find Jesus speaking



directly to this feeling. Regardless of the personal, daily, and world events around us, we as human beings are worriers. I always thought it came from the Allen side of my family, but Jesus' words in this passage remind me that worry is far more universal than that.

Not only does Jesus name our tendency to worry about everything, he also gives us tools to counter worry that are time tested. Thankfully, this is a wonderful time of year to practice them!

When you start to worry, he says, go to a place where you can see and hear the birds. Open a window. Work outside at a coffee shop and drop a few crumbs from your scone on the ground. Look up into the sky. Take time to see the birds and it will help you see everything differently. Remember that you are even more valuable to God than the birds. Remember that you can trust God.

When you start to worry, he says, go outside and look around. Notice the world around you. There are flowers in bloom everywhere—daisies, coneflowers, hydrangeas, roses. Even the fields are filled with weeds that are blooming and helping the pollinators to thrive. Look at the gardens. Go to a farmers market. Everything is in season! Blackberries and blueberries, peaches, tomatoes, cucumbers and the first ears of corn. Take a minute to enjoy, to savor, to realize that God provides for us in these small and magnificent ways.

Take a walk in a garden or in the woods. Studies have shown consistently that being in nature reduces stress and increases wellbeing. The American Heart Association's website tells us that it can help in "reducing anger, fear, stress and anxiety and improves your mood, boosts feelings of happiness, and wellbeing."

We can trust the Heart Association and this body of research, but we know it's not new. Jesus already invited us to do these things long ago—watch the birds, notice the flowers, walk through the forests and the grassy fields. And as you do, take a step back and gain perspective. Let go of the worry and the need for control that doesn't help anyone. Know that you can trust God. Know that God provides and that God wants to give you that which is more profound than anything you might be worrying about today—the Kingdom of God with treasures that are eternal.

This week, as we consider how we can be transformed by trusting God's values, I invite you to consider how what you are worried and anxious about reflects what you value. Then, remember Jesus' words, "Do not be afraid little flock, for it is your Father's good pleasure to give you the kingdom" and go for a walk, listen to the birds, and enjoy a slice or two of just picked tomatoes and cucumbers with your dinner. (Luke 12:32)

I look forward to seeing you for worship this weekend! Peace and hope, Pastor Suzanne

A FEW GOOD MEN AND A MEAL

The group, A Few Good Men and a Meal, will be restarting on **Tuesday, August 9, 2022 at 1:00 pm!** Lunch will be at Bob Evans in Kenwood (8057 Montgomery Road, 45236). Fellowship over food is the primary goal of the group!

Please notify Dennis Wilson of your interest in attending by the Sunday prior to the lunch (August 7th). His contact information is dswilson@fioptics.com or 513-607-2640.

SOUL BUILDERS JULY DONATION DRIVE

WESLEY EDUCATION CENTER

For Children and Families

For the month of July 2022, we will be collecting these basic supplies to help WEC care for children enrolled in their childcare program.

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- * Toilet paper
- * Paper Towels
- * Antibacterial hand soap
- * Baby wipes

Please deliver your donations to the Social Hall anytime during July. Soul Builders Sunday School Class thanks you for your generosity!

Our UMW Ruth Circle at HPCUMC has supported Wesley Education Center for over 40 years with service days, classroom help, Christmas gifts, annual fundraisers, and other needs. They always welcome support for this vital mission!



OPERATING INCOME AND EXPENSE JUNE 2022

Annual Budget Actual YTD

Hyde Park Community UMC 2022 Operating Income and Expense June 2022

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Pledged Income	\$	1,167,050	\$	537,550
Unpledged Income		343,488		168,232
Endowment Draw		1,447,372		934,387
Other Income		237,390		108,927
Total Income	\$	3,195,300	\$	1,749,096
Admin Team	\$	736,806	\$	438,805
Staff Ministry		1,752,174		832,308
Apportionments		241,320		120,660
Communication Team		9,100		6,604
Bimel Outreach		172,300		149,742
Mission and Outreach		205,700		136,158
Connecting Ministries		6,550		2,993
Discipleship Ministry		45,650		14,042
Worship Team		25,700		9,646
Total Expenses	\$	3,195,300	\$	1,710,958
Net Oper Inc vs Exp	\$	-	\$	38,138

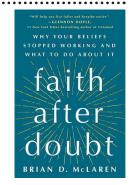
SUPPORT OUR NEIGHBORS IN GOSHEN, OHIO

On July 6, we experienced powerful storms with our neighbors in Clermont County. Thousands of residents need our help as many were without power and homes and buildings were destroyed including damage to Goshen UMC. As District Superintendent Rev. Jenn Lucas says, "When one is hurting, it is a call for action for all to offer prayer, care, and resources." We ask that you continue to pray for our neighbors and give as you are able.

You can donate by writing a check to HPCUMC with "Tornado Goshen" on the memo line and put it in the offering or scan the QR code with your photo app to donate online.

PASTORS STUDY: STARTS AUG 16th

Join Pastor Todd and Pastor Suzanne on August 16, 23 & 30th as they team teach this 3 week thought provoking study. It complements the August worship series, Spiritual Autobiography.



There are two options:

Tuesday mornings from 10:00-11:30am and Tuesday evenings from 6:30-8:00pm.

Using his own story and the stories of a diverse group of struggling believers, Brian D. McLaren, a former pastor and now an author, speaker, and activist shows how old assumptions are being challenged in nearly every area of human life, not just theology and spirituality. He proposes a four-stage model of faith development in which questions and doubt are not the enemy of faith, but rather a portal to a more mature and fruitful kind of faith. The four stages Simplicity, Complexity, Perplexity, and Harmony offer a path forward that can help sincere and thoughtful people leave behind unnecessary baggage and intensify their commitment to what matters most."

Sign up on Realm or with Amanda in the church office. Books will

be available for a \$10 donation. Scan the QR code to register!

Tues Morning

Tues Evening





HAS YOUR CONTACT INFORMATION CHANGED?

- No longer have a home phone? Does the church have your cell number?
- new address?
- new email address?

Please check your information in Realm or contact Katie Baumann at kbaumann@hpcumc.org or (513) 979-8199 to confirm or change your information.