

JAN 2018

Hyde Park COMMUNITY UMC

S.A.M.
senior adult ministry

Thursday EDITION

Meets on the *second and fourth Thursday* in the Little Theatre (second floor).

10:00am–10:30am Social/Refreshments

10:30am–11:30am Program

Questions? Contact Diane Weaver at 979-8190 or diweaver@hpcumc.org

THURSDAY, JANUARY 11, 2018

SPRING INTO MOTION



Gabe Stiver and Monique Lamb, trainers at Twin Lakes Connection (the gym and aquatic center on the Twin Lakes campus) will talk to us about stretching our arms, back, and legs. They will demonstrate a variety of examples for us to try in order to stay flexible. Join us to discover valuable techniques that allow our muscles to remain mobile and improve our range of motion.

THURSDAY, JANUARY 25, 2017

ROMANIA – HPCUMC PARTNERSHIP AND SARAH'S LIFE CHANGING EXPERIENCES



On January 25th Sarah Putman, HPCUMC Community Ministry and Global Outreach Ministry Assistant, will speak with us about Romania – her personal, life changing experiences and the partnership that has formed between the churches there and HPCUMC. Sarah has been traveling to do mission work in Romania at least once a year since the summer of 2009. Over the course of those years, she has fallen in love with the people, ministry, culture, and country – so much so that she plans to move there in 2019. As God has blessed the ministry and relationships of Sarah with Romania, the Lord provided a path for partnership with HPCUMC and the Way of Faith Church in Cluj-Napoca, Romania. Come hear the rest of the story – pictures will be included!

First Friday Nitters

NO PROGRAM IN JANUARY

We do not have a dinner and program in January. Stay warm and read a good book! We look forward to seeing you in February!!