

Seeking Solid Ground: Anchoring Your Life in Godly Character, by John Trent, PhD, and Rick Hicks, PhD

Length: 8 weeks (one hour or less)

Includes: VHS tape (HAVE EMAILED STRONGFAMILIES TO CK FOR OTHER RESOURCES); book can be purchased if class wants to read as part of study

In a culture of shakes and quakes, it's essential that we secure ourselves to a stable and sound foundation – one that won't change like the wind or shift like the sand. Where can such a place be found? In God's Work...Psalm 15, to be exact. Within the lines of David's simple song is a rock-solid blueprint for anchoring yourself in Godly character. In *Seeking Solid Ground*, John Trent and Rick Hicks explore the life-changing plan found in this psalm. With memorable stories, poignant illustrations and challenging questions, Trent and Hicks reveal the incredible depth of wisdom and practical applications in one of the Bible's most powerful passages.

Sessions:

1. Building a Life That Can Never Be Shaken – Ten specific steps for Godly character from Psalm 15
2. The Two Most Important Questions You'll Ever Answer – Discover the two questions every man, woman & child must answer
3. Anchoring Your Life in Godly Character – Learn the two traits for rock-solid living: Integrity & Righteousness
4. The Freedom of a Truthful Walk – How to make sure God's truth is in our hearts when we most need it
5. Three Keys to Protecting Your Most Important Relationships – Discover the three keys to protecting our relationships and enriching our personal lives
6. Giving Out God's Medal of Honor – Who's who in God's list of worthy role models
7. Choosing Commitment Over Convenience – Counteract the epidemic of — broken promises which plague our world
8. The Promise That's Waiting for You – Creating a life that can never be shaken