

**Five Practices of Fruitful Living**, by Robert Schnase

Length: 6 sessions with optional orientation session, that can be used for 6 to 13 weeks (1 hour or less, to 2 hours)

Includes: leader guide; book can be purchased if class wants to read as part of study (recommended); Cultivating Fruitfulness can also be purchased to inspire participants through 5 weeks of prayer and devotion (each day includes a Scripture, a short story or concept from book, a personal question and a prayer)

How do I cultivate a life that is purposeful, deep, and fruitful? What are the commitments, critical risks, and personal practices that open me to God's grace? How can I discover the spiritual life and the difference God intends for me to make in the world? Radical Hospitality. Passionate Worship. Intentional Faith Development. Risk-Taking Mission and Service. Extravagant Generosity. *Five Practices of Fruitful Living* provides an honest, practical, and winsome guide to the spiritual journey. By repeating and deepening certain fundamental practices, we cooperate with God in our spiritual growth. These five practices – to receive God's love, to love God in return, to grow in Christ, to serve others, and to give ourselves fully – as we attend to them and develop them, help us settle ourselves in God and become instruments of God's grace. Following Christ will change your heart; and through you, God will change the world.